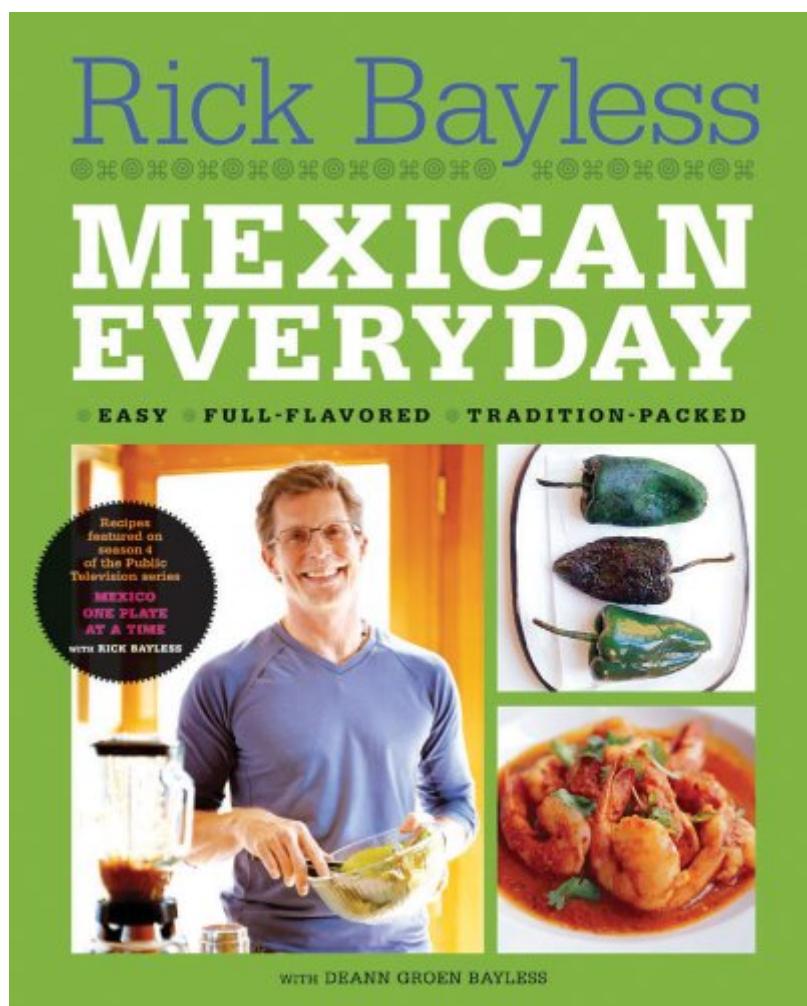


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Mexican Everyday



Synopsis

At last, a cookbook that brings Mexican food within easy reach: named to Food & Wine Magazineâ™s Yearâ™s 25 Best Cookbooks as part of its annual Best of the Best cookbook. In his previous books, Rick Bayless transformed America's understanding of Mexican cuisine, introducing authentic dishes and cooking methods as he walked readers through Mexican markets and street stalls. As much as Rick loves the bold flavors of Mexican foods, he understands that preparing many Mexican specialties requires more time than most of us have. Mexican Everyday is written with the time sensitivities of modern life in mind. It is a collection of 90 full-flavored recipesâ™like Green Chile Chicken Tacos, Shrimp Ceviche Salad, Chipotle Steak with Black Beansâ™that meet three criteria for "everyday" food: 1) most need less than 30 minutes' involvement; 2) they have the fresh, clean taste of simple, authentic preparations; and 3) they are nutritionally balanced, full-featured mealsâ™no elaborate side dishes required. Companion to a thirteen-part public television series, this book provides dishes you can eat with family and friends, day in and day out.

Book Information

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Customer Reviews

'Mexican Everyday' by quadruple threat celebrity chef Rick Bayless is a must-buy for all dedicated

foodies, lovers of Mexican food, fans of fast recipes, dieters (more on this later) and the cookbook collectors among us. Before I opened this book, I respected Bayless for being an accomplished home-grown American chef in Chicago, a leading expert and writer on authentic Mexican cooking, a respected TV chef educator on PBS in the tradition of St. Julia rather than on the commercial Food Network and, lastly, the author of a truly great 'cook with kids' book, 'Rick and Lanie's Excellent Kitchen Adventures'. About the only thing Rick has not accomplished is to beat Bobby Flay on 'Iron Chef America', although he did loose by only one point. Just as I did when I opened Jacques Pepin's 'Fast Food My Way', I expected to find a 'sell-out' book in one way or another. My worst fear was that this was just copied from recipes in his other books. At best, I feared it was simply a cash-in on Rachael Ray's popular '30 Minute Meal' formula. I am here to report that it is none of these, but a culinary and intellectual revelation surpassed by few other true cookbooks. Bayless' success in this book is grounded in his total mastery of his subject. He knows things so well; there is no hint of any misstatement, certainly none that I can detect in the world of chemistry or technique. I will simply assume his pronouncements on authenticity are authoritative. This great facility with his material even overcomes Bayless' former clumsiness with writing. He seems to have found his voice or a better copy editor.

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